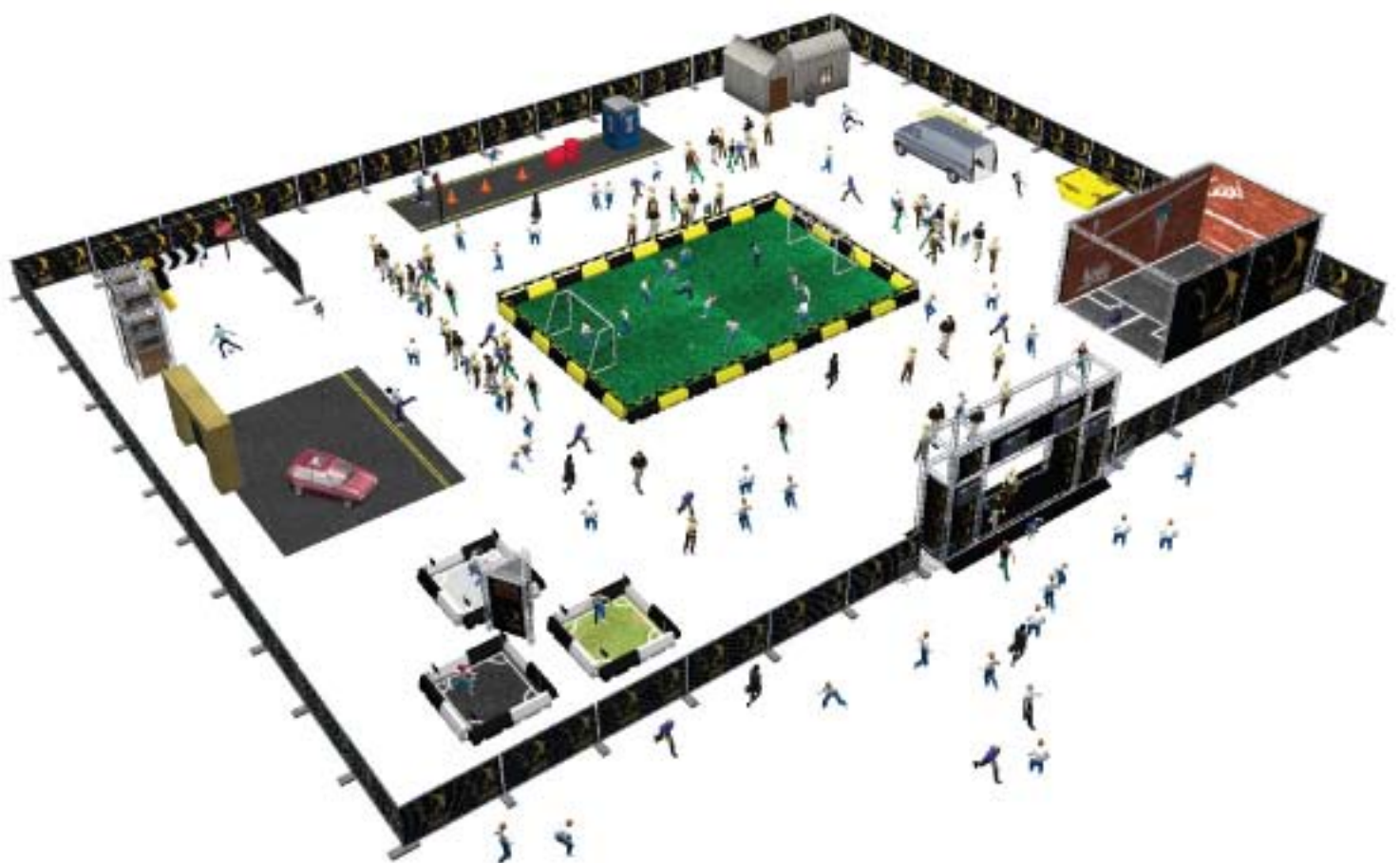


URBAN ACTIVATION STREET TOUR



1. Keepy Up Classic

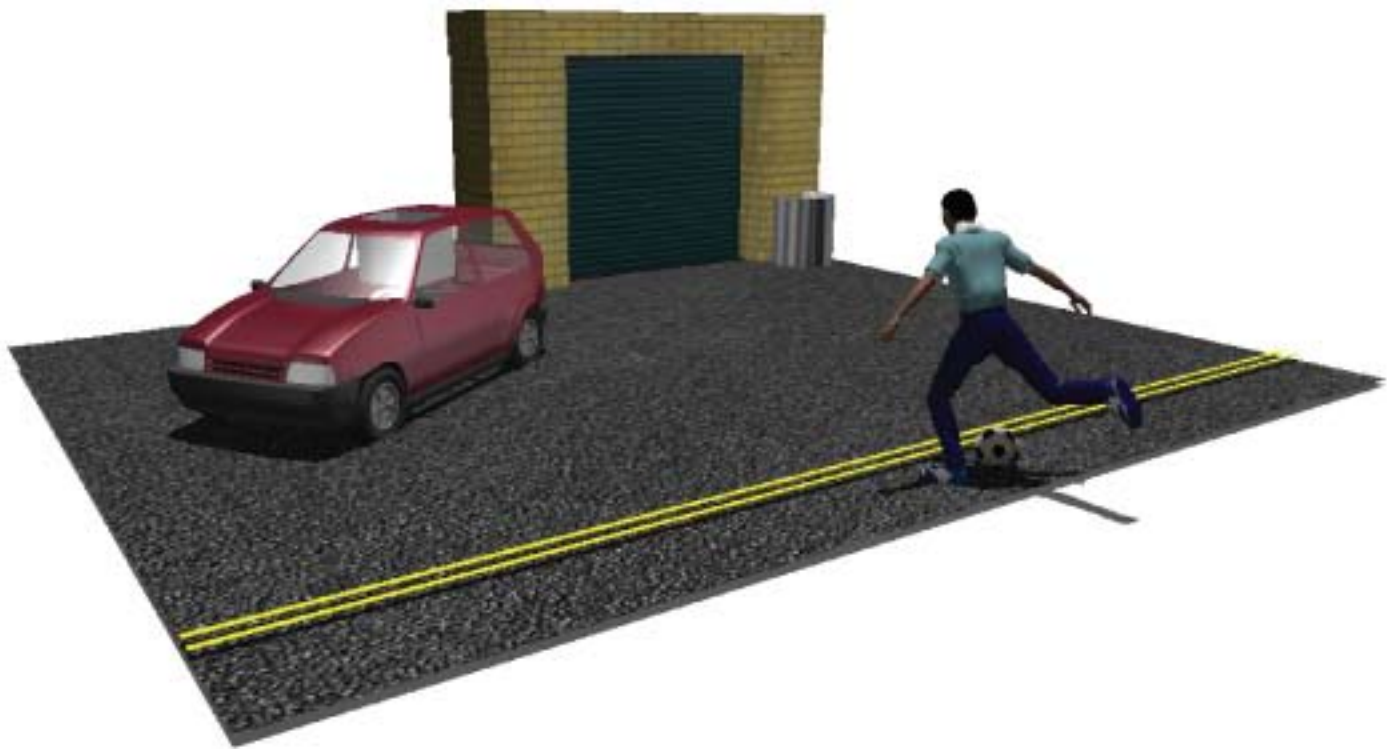
Juggling builds the foundations – balance, rhythm, body awareness etc.



- **Video inspiration**
- **3 different flooring types**
- **All you need is a ball to get started**
- **Points for level of completion**

2. Chiperoo

Chipping the ball accurately trains balance, technique & precision.



- **3x targets of varying sizes**
- **3x attempts on each target**
- **Points scored for accuracy and skill progression**

3. Fear Of Heights

Extreme ball control combined with balance and accuracy.



- **Balls dropped from 15ft obstacles**
- **2 touch control allowed**
- **Accuracy of shot to hit 3 targets**
- **3 shots 3 targets**
- **Points for technique & accuracy**

4. Dribbling Speed

Testing control and speed on the ball in between street markers.



- **1 chance to make an impact**
- **Dribble through obstacles and place ball in target**
- **Points for speed, control and tricks**

5. Hit The Target

Shooting accuracy with increasing complexity.



- **Open wooden door for 5 points**
- **Open windows for 10 points**
- **Ball through the tyre for 25 points**
- **3 shots 3 targets – make it count**

6. Obstacle

Freestyle skills linking three activities seamlessly.



- **Keep the ball up over the stepped pallets**
- **Neck balance through the open doors of the van**
- **Drop and backheel into the skip**
- **Pure control, pure skill**

7. FootVolley Wall

Squash rules meets Footvolley rules.



- **Intense 1 v 1 game**
- **Individual training / challenges**
- **Score the points to move on**

8. Street Skills Court

Bring it all together in the main arena.



- **3 v 3 match**
- **Panna Rules apply**
- **Show the skills, score the points**

Activate Your Streets



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Urban Activation is a partnership between



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